MEMORANDUM

Sub: Weekly iron and folic acid supplement for adolescents – Checking incidence of anemia.

With a view to check incidence of anemia among the adolescents (in the age group of 10 – 19 years), a programme for weekly Iron and Folic Acid (IFA) supplement for adolescents is being implemented by the Ministry of Health & Family Welfare (H&FW). Copy of the operational guidelines issued by the Ministry is enclosed. The programme envisages provision of IFA supplement on weekly basis to the target group in two separate categories, viz. (i) adolescent girls and boys who are in schools in the 6th – 12th classes and (ii) adolescent girls who are not in/out of school.

2. Implementation of this programme was discussed in detail with officers of the H&FW Department, School Education Department and Social Welfare & Social Education (SW&SE) Department and it has been decided to take action on the following:

(a) The IFA supplement to adolescent girls and boys who are in the school shall be provided through school authorities by the School Education Department. The supplement will be provided on a fixed day (Monday) after serving the Mid-Day-Meal. In respect of girls who are outside the school, the IFA supplement would be provided through the network of Anganwadi Centres under ICDS scheme by the SW&SE Department.

(b) Further, de-worming of adolescents (10 – 19 years), for girls and boys in the school and outside the school, will also be done by providing one Albendazole tablet at six months’ interval on similar manner.

(c) Number of adolescent girls and boys in the schools and number of girls who are outside the school has been assessed by the H&FW Department in consultation with the School Education and SW&SE Departments (details enclosed). Accordingly, the H&FW Department will make necessary arrangements for procuring required number of IFA and
Albendazole tablets and place it at the disposal of the District Inspector of Schools for distribution to adolescent girls and boys in the schools and the District Inspector of SW&SE for adolescent girls outside the school on quarterly basis through the District Chief Medical Officer.

(d) The District Inspector of Schools and the District Inspector of SW&SE shall ensure that the required number of tablets are received in time and are placed with the Headmaster/Headmistress of the school and the CDPOs respectively. They shall also supervise and ensure that the tablets are supplied to the target group in time and submit an account of the tablets received and the tablets distributed to the District Chief Medical Officer.

(e) The DM & Collector shall review implementation of the programme in the District level meeting along with other issues relating to H&FW in the first week of every month and submit a report to the H&FW Department with copy to the School Education and SW&SE Departments.

Encl: As stated.

(S'~'II2-
Chief Secretary
Government of Tripura

To
All DM & Collectors

Copy to:
• District Chief Medical Officers
• District Inspectors of Schools
• District Inspectors of SW&SE
for information and necessary action.

Copy also to:
• Principal Secretary, H&FW/Principal Secretary, School Education/Principal Secretary, SW&SE. They are requested to supervise implementation of the programme as per the guidelines and review the progress on monthly basis.
• Principal Secretary, P&C for information.
• Mission Director, NRHM for information and necessary action.
• Director, Health Services/Director, FW&PM/Director, School Education/Director, SW&SE for information and necessary action.

Copy for favour of information to:
• Principal Secretary to Chief Minister
• PS to all Ministers
Number of Adolescent Girls and Boys (in Schools) and Number of Adolescent Girls (Out-of-School)

A. Number of Adolescent (Girls and Boys) in Schools:

<table>
<thead>
<tr>
<th>SB Schools</th>
<th>High Schools</th>
<th>HS + 2 Schools</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Govt.</td>
<td>Govt. Aided</td>
<td>Govt.</td>
</tr>
<tr>
<td>VI-VIII</td>
<td>VI-VIII</td>
<td>XI X XI XI X XI XII XII</td>
<td>200317 5783 58598 44219 3099 2662 19409 15077 3242 2568 354974</td>
</tr>
</tbody>
</table>

B. Number of Adolescent Girls outside the school:

<table>
<thead>
<tr>
<th>SI</th>
<th>Name of District (un-divided)</th>
<th>No of Adolescent Girls (Out-of-School)</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>SABLA District</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>West Tripura</td>
<td>45,834</td>
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<tr>
<td>2</td>
<td>Dhalai</td>
<td>17,739</td>
</tr>
<tr>
<td>II</td>
<td>Non-SABLA District</td>
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</tr>
<tr>
<td>1</td>
<td>South Tripura</td>
<td>35,846</td>
</tr>
<tr>
<td>2</td>
<td>North Tripura</td>
<td>28,543</td>
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<tr>
<td>Total</td>
<td></td>
<td>1,27,962</td>
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</tbody>
</table>