It is hereby mentioned that, the AYUSH Medical Officers under State Health & Family Welfare Society, NHM Tripura may be engaged in various activities relating to Reproductive, Maternal, Neonatal and child Health + Adolescent Health (RMNCH+A) programme under NHM. The services of AYUSH practitioners may be utilized for the RMNCH+A activities as detailed below;

(a) Maternal Health
   i. AYUSH doctors as Skilled Birth Attendants (SBA)
   ii. Syndromic Drugs Management of RTI/STIs (Ayurveda, Unani and Siddha practitioners only).
   iii. Supportive supervision of the programme – ensuring labour room protocols, infection prevention protocols, comprehensive AMC of essential equipments, baseline assessment of the peripheral health workers, HB estimation, BP measurement and Quality ANC check-up.

(b) Child Health
   i. Essential Newborn care Services (at the time of birth and in the first 48 hours of mandatory hospital stay).
   ii. Management of common childhood illness: diarrhea, pneumonia and malaria as per the IMNCI protocols; alternatively the Physician’s package of IMNCI can also be provided by the AYUSH practitioners in order to ensure primary level of child and newborn care.
   iii. AYUSH practitioners trained in SBA module can also provide NSSK services.
   iv. IYCF counseling and growth monitoring of young children.

(c) Immunization
   i. Field monitoring of the Immunization programme including random check of the community on immunization coverage; promoting immunization through interpersonal communication.

(d) Family Planning
   i. Counseling on family planning methods.
   ii. Insertion of IUCD.

(e) Adolescent Health
   i. Adolescent health components at PHCs CHCs, AFHCs and District Hospital (after 3 days Counselors training).
   ii. Weekly Iron Folic Acid Supplementation Services.

Continued..
(f) AYUSH practitioners will continue to be a part of the mobile medical team under RBSK.

To
The Chief Medical Officers, West Tripura, Agartala/
Sepahijala, Bishalgarh/ South, Belonia/ Gomati, Udaipur/
Khowai, Khowai/ Dhalai, Ambassa/ Unakoti, Kailashahr/
North, Dharmanagar for information & necessary action.

To
The Sub-Divisional Medical Officers, Bishalgarh/
Belonia/ Amarpur/ Gandacherra/ Khowai/ Sabroom/
Kanchanpur/ LTV (Chailengta)/Kamalpur/ Dharmanagar/
Melaghar (Sonamura) for information & necessary action.

Copy to:-

1. The Member Secretary, State Health & Family Welfare Society, NHM, Tripura for information.
2. The Branch Officer (AYUSH), Directorate of Health Services, Agartala, Tripura for information.
3. The Branch Officer (Ayurveda), Directorate of Health Services, Agartala, Tripura for information.

Copy also forwarded to:-

1. The PS to the Hon’ble Minister for Health & Family Welfare Department, Govt. of Tripura, Agartala for kind information of Hon’ble Minister for Health & Family Welfare Deptment, Govt. of Tripura.
2. The PS to the Secretary (Health), Govt. of Tripura, Agartala for kind information of Secretary, Health & Family Welfare Department, Govt. of Tripura.