

F.No.V.15011/6/2007-PH –I (Vol 2)
 Government of India
 Ministry of Health & Family Welfare
 (Deptt. of Health & Family Welfare)

Nirman Bhawan, New Delhi – 110108
 Dated 28th November, 2011

To.

All Health Secretaries of States/ UTs

Subject: Implementation of the National Mental Health Programme during the Eleventh Five Year Plan – Approval of District Mental Health Programme, IEC activities, Research & Training, Monitoring & Evaluation etc.

Sir/Madam,

In continuation and partial modification to the guidelines for Implementation of the National Mental Health Programme during the Eleventh Five Year Plan issued vide this Ministry's letter no. V.15011/6/2007-PH(Pt 2) dated 24th April, 2009, I am directed to convey the approval of the competent authority for implementing District Mental Health Programme, IEC activities, Research & Training, Monitoring & Evaluation etc. there under with an outlay of Rs. 149.99 crores. The details of the schemes are enclosed herewith.

2. The breakup of allocation for various schemes under the Programme apart from those mentioned in the above mentioned letter is as under:

(Rs. In crores)

| Schemes | 2010-11 | 2011-12 | Total |
|----------------------------|---------|---------|--------|
| DMHP with added components | 53.32 | 57.17 | 110.49 |
| IEC activities | 10.00 | 10.00 | 20.00 |
| Monitoring & Evaluation | 4.00 | 4.00 | 8.00 |
| CMHA/ SMHA Support | 2.50 | 2.50 | 5.00 |
| Research & Training | 3.00 | 3.50 | 6.50 |
| Total | 72.82 | 77.17 | 149.99 |

1. The above allocation is over and above the allocation communicated vide this Ministry's letter no. V.15011/6/2007-PH(Pt 2) dated 24th April, 2009 which was as under:

| Schemes | | | (Rs. In crores) |
|---|-----|--|-----------------|
| (i) Manpower Development | (a) | Establishment of Centres of Excellence in the field of Mental Health | 338.121 |
| | (b) | Scheme for manpower development in Mental Health | 69.890 |
| (ii) Spill over activities of the 10 th Plan (upgradation of psychiatric wings of Govt. Medical Colleges/ General Hospitals, and Modernization of Govt. Mental | | | 58.030 |

| Schemes | (Rs. In crores) |
|---|-----------------|
| Hospitals), as per existing norms. | |
| (iii) Continuation of existing District Mental Health Programmes (DMHPs) under implementation on existing norms | 6.900 |
| Total | 472.941 |

2. This issues with the concurrence of Integrated Finance Division vide Dy. No. C-1713 dated 15.11.2011

Yours faithfully,



(S. K. Gupta)

Under Secretary to the Govt. of India

Tel: 011-23062426

Encl: Scheme of NMHP.

- Copy to :
1. All Nodal Officers of NMHP of States/ UTs.
 2. All State Health Societies.

National Mental Health Programme

XIth Five Year Plan Part – II

The following components, have already been approved by the CCEA in March 2009 at a cost of Rs 473.445 crores:

i. Man Power Development: Rs. 408.011 crores

- Establishment of Centers of Excellence in Mental Health
- Support for starting/increasing training posts to institutions

ii. Spill Over Activities of X plan: Rs. 64.93 crores

- Upgradation of Psychiatric Wings of Government Medical Colleges /General Hospitals,
- Modernisation of State run Mental Hospitals
- Existing District Mental Health Programme (DMHP) on existing pattern.

iii. Evaluation of the programme : 0.504 crores

The EFC, in its meeting held on 8th March, 2010 recommended the following:

- (a) An additional outlay of Rs. 150 crores for National Mental Health Programme (in addition to Rs. 473 crores already approved by CCEA for the Human Resource Development Component).
- (b) The number of districts under NMHP to be restricted to 123 (the current number) in the 11th Plan. Such restriction is necessitated by non-availability of trained manpower apart from constraint of funds.

The National Mental Health Programme now also includes the following:

- i. **District Mental Health Programme:** There are 123 ongoing DMHPs in the country. As recommended by EFC, the number is to be restricted to 123 districts. Future expansion will be undertaken in the 12th plan period once the existing DMHPs are consolidated with newer components proposed in the current plan and more skilled manpower is available in the country as a result of proactive measures by the NMHP to increase the PG training capacity in mental health related specialties.

Additional activities, that is, promotive and preventive activities, have been proposed in the existing DMHPs in addition to ongoing components of early identification and treatment. These include Life Skills Education and Counselling in Schools, College Counselling Services, Work Place Stress Management The unit costs have also been changed. The details of DMHP Budget are at Annexure – I.

- ii. **IEC Activities:** Innovative IEC strategies involving Electronic/ Print/local media at Central level to reduce stigma attached to mental illness and increase awareness regarding available treatment and health care facilities. Increased awareness regarding provisions under Mental Health Act 1987
- iii. **Monitoring & Evaluation:** At Centre & State level to support for monitoring, implementation, evaluation etc.
- iv. **Training & Research:** To address shortage of manpower in mental health in short term basis for DMHP teams. To support CME, Distance Learning, E-Mode learning, addressing specialty training areas such as Child Psychiatry, Geriatric Psychiatry etc. & Operational Research related to NMHP.
- v. **Support for Central/ State Mental Health Authority: To assist in** regulation development, direction and coordination with respect to Mental Health services Support proposed for Establishment & maintenance of a small technical secretariat during the plan period.

The details of budget for additional components apart from DMHP are at Annexure – II.

Matrix of all activities of various health facilities under Revised National Mental Health Programme (NMHP) is enclosed at Annexure - III.

District Mental Health Programme (DMHP)

1. The existing and additional components for the DMHP is as follows:

| EXISTING ACTIVITIES OF 123 DMHPS | ADDITIONAL ACTIVITIES OF 123 DMHPS FOR 11TH PLAN PERIOD |
|--|---|
| Early Identification and Treatment of Mental Illness near patients doorsteps | Life Skills Education and Counselling in Schools, College Counselling Services, Work Place Stress Management |
| Training of Health and Community Workers for 3 years only | Training of Health and Community Workers for all years |
| IEC activities at district level | Dedicated Monitoring team, Essential participation of Community based organisations, more effective Integration of DMHP in the district health system |
| 6 member DMHP team for 10 th plan districts, 11 member DMHP team for 9 th plan districts | Revised to seven member team for implementing DMHP. |

2. REVISED UNIT COSTS FOR DMHP:

Rs. In lakhs

| Activity | Allocation per district | |
|--|-------------------------|----------------------|
| | 1 st year | 2 nd year |
| 1. (Non Recurring) <ul style="list-style-type: none"> • Infrastructure for District DMHP Centre, Counselling centre under psychology dept. in a selected college including crisis helpline: Setting up the centre, furniture, computer facilities, telephone etc. • Preparatory phase Recruitment of DMHP staff and development of district plan | 2.00 | 0 |
| 2. Staff Salary <ul style="list-style-type: none"> • Programme Officer, Cl. Psychologist, Psychiatric Social worker, Psychiatric Nurse, Community Nurse, Case Registry Assistant, Record Keeper | 13.62 | 18.459 |
| 3A. Training <ul style="list-style-type: none"> • PHC Medical officers, nurses, paramedical workers & other health staff | 3.25 | 3.25 |
| 3B. IEC and community mobilisation activities <ul style="list-style-type: none"> • Procuring /translation of IEC material and distribution • Awareness generation activities in the community, schools, workplaces with community involvement | 6 | 6 |
| 4.Targeted interventions at community level Activities & interventions targeted at schools, colleges, workplaces, out of school adolescents, urban slums, and suicide prevention. <small>(Rs. 3 lakhs for district counselling center (DCC) and crisis helpline outsourced to psychology department/NGO per year, Rs.1000 per high school for counselling sessions per year, training of master trainers & school teachers in life skills, training of college teachers in counselling skills/orientation of psychology teachers in counselling Hiring the services of psychiatrists, psychologists from private sector).</small> | 12 | 12 |
| 5. Drugs | 4 | 4.5 |
| 6. Operational expenses of the district centre: rent, telephone expenses, website etc. | 1 | 1 |
| 7. Miscellaneous/ Travel/ Contingency | 4.5 | 4.5 |
| Total in lakhs | 46.37 | 49.709 |

Details of the staff & the funding pattern for DMHP in a district

| Staff | Number | Salary (p.m.) | Total annual cost in Rs. (5% will increase annually) |
|---|--|---|---|
| Programme officer (P.O.) | 1(Psychiatrist/ Medical Officer on deputation or on contract) | Rs.50,000/- for Psychiatrist and Rs. 30,000/- in case of trained medical officer. | 5,28,000/- (It is assumed that with competitive salary about 70% districts would be able to engage psychiatrists) |
| Psychiatric Social worker/ Social worker | 1 (on contract) | Rs. 30000/- for Psychiatric social worker (MPhil-PSW) and Rs.18,000/- in case of trained medical social worker. | 2,52,000/- (Calculated on the basis of 25 % districts able to engage Psychiatric Social Workers) |
| Clinical Psychologist/ Psychologist | 1(on contract) | Rs. 30000/- for Clinical Psychologist (MPhil-CI.Psychology) and Rs.18,000/- in case of trained Psychologist (MA Psychology) | 2,52,000/- (Calculated on the basis of 25 % districts able to engage Clinical Psychologists) |
| Psychiatric Nurse/ Trained General Nurse | 1(on contract) | Rs. 25,000/- Psychiatric Nurse (MSc.-Psych.Nursing or DPN) and Rs.15,000/- in case of General Nurse. | 2,10,000/- (Calculated on the basis of 25 % districts able to engage Psychiatric Nurses) |
| Record Keeper | 1(on contract) | Rs. 10,000/- (Graduate) with suitable experience | 1,20,000/- |
| Community Nurse (Case Manager) | 1 (on contract) for keeping a record of all severe mentally ill. | Rs. 25,000/- (Trained General Nurse with administrative experience) | 3,00,000/- |
| Case Registry Assistant | 1 (on contract) for assisting the programme manager | Rs. 8,000/- (12 th + proficiency in computers and office work) | 96,000/- |
| Total | 5 member technical team +2 member administrative team | | 13,62,000/- |

Year-wise break up of funding pattern (in Rs.) for staff support for one district

| <i>Salary</i> | <i>1st year</i> | <i>2nd year (including annual increment of 5%)</i> |
|--------------------------------|----------------------------|---|
| Psychiatrist | 528000 | 554400 |
| Clinical Psychologist | 252000 | 264600 |
| Psychiatric Social Worker | 252000 | 264600 |
| Psychiatric Nurse | 210000 | 220500 |
| Record keeper | 120000 | 126000 |
| Community Nurse (Case Manager) | 300000 | 315000 |
| Case Registry Assistant | 96000 | 100800 |
| Total | 1362000 | 1845900 |

Proposed DMHP Budget for continuing old districts initiated in 9th and 10th plan & 2007-08 for balance part of five installments on new pattern during 2010-2012 (in Rs. crore).

| YEAR | 2010-11 | 2011-12 | TOTAL |
|--------------|-----------------|-----------------|---------------|
| | (123 Districts) | (123 Districts) | |
| TOTAL | 53.32 | 57.17 | 110.49 |

Total : Rs. 110.49 crore

NATIONAL AND STATE COMPONENTS FOR NMHP

Year-wise expenditure of Remaining components of NMHP (Rs. crore)

| Schemes | 2010-11 | 2011-12 | Total |
|--|-------------|-------------|-------------|
| IEC Activities | 10.0 | 10.0 | 20.0 |
| State & Central Teams under NRHM & Evaluation | 4.0 | 4.0 | 8.0 |
| CMHA/SMHA Support | 2.5 | 2.5 | 5.0 |
| Research & Training | 3.0 | 3.5 | 6.5 |
| Total | 19.5 | 20.0 | 39.5 |

- Total for remaining components for NMHP for 2010-12 : Rs. 39.5 crores.
- Total for DMHP and remaining components for 2010-12 : Rs. 149.99 crores.
- Total number of districts to be restricted to 123 districts in the 11th Five Year Plan and unit costs to be restricted as given above.

ANNEXURE - III

Matrix of all activities at various Health Facilities under National Mental Health Programme (NMHP) : Rs. 150 crore

| S.No. | Health Facility/ Geographical area/ Catering Population | Proposed Activities | Identified Staff/ Staff to be placed (Manpower Support) | Equipment | Medicines | Training | Miscellaneous/ Travel/ Contingency/ Targeted Interventions/ Local IEC/ Remarks |
|-------|--|---|--|--|---|---|---|
| 1 | Village | Activities 1. IEC Activities 2. Referral to PHC | ASHA Budget : NIL | NIL | NIL | By PHC Doctor in identification of common mental illness Budget : NIL | Mental Illness Training to be integrated in ASHA training module. Budget : NIL |
| 2 | Sub Centre/ 5000 population 20 SC under 1 CHC | Estimated Case Load : 300 (60 per 1000 population) Activities 1. IEC Activities 2. Referral to PHC | ANM/ MPW (Existing Staff) Budget : NIL | No Support Budget (Non Recurring): NIL | NIL Budget (Recurring): NIL | Recurring : 2 day training each year budgeted under DMHP Budget (Non Recurring): NIL | Mental Illness Training to be integrated in Health Workers training courses. Budget : NIL |
| 3 | PHC/ 30000 population 66 PHC under 1 District (Avg. population 20 lac) CHC/ 100000 population 20 CHC under 1 District (Avg. population 20 lac) | Estimated Case Load : 120000 (60 per 1000 population) in a district. Activities 1. Early Identification & Treatment 2. Referral to DH 3. IEC Activities 4. Training of school teachers by master trainers for LSE | Existing PHC/ CHC doctor & Health Staff Budget : NIL | NIL | Medicines budgeted and supplied at district level | 6 days training each year for doctors at district level under DMHP for early identification and management of common mental disorders 2 days training each year for health workers of PHC budgeted under DMHP at district level Budget (Recurring) Rs. 3.25 lac per year Non Recurring : NIL Included at district level | Mental Illness training to be integrated in Health Workers training courses. Psychiatry curriculum to be strengthened in MBBS curriculum Training of Master Trainers will be coordinated at the district level by DMHP team/ NGO Budget for IEC : Recurring at District Level |
| 4 | District Hospital Level/ 20 lakh | Estimated Case Load: 20000 (1 SMD per 1000 population) | Psychiatrist/ Trained Medical Officer – 1 @ Rs. 50,000/ Rs. | Computer, telephone, | As per list attached | Training of doctors and health staff by | Operational Expenses (Website etc.) |

| S.No. | Health Facility/ Geographical area/ Catering Population | Proposed Activities | Identified Staff/ Staff to be placed (Manpower Support) | Equipment | Medicines | Training | Miscellaneous/ Travel/ Contingency/ Targeted Interventions/ Local IEC/ Remarks |
|-------|---|---|--|---|--|--|--|
| | <p>population</p> <p>Covers 123 districts in 29 States/ UTs</p> | <p>DMHP: In 123 Districts</p> <ol style="list-style-type: none"> Brief survey for situation analysis, identification of partners and planning a road map. Engagement of DMHP Team. Training of DMHP Team. Early detection and treatment of Severe Mental Disorders (SMD) Referral support for PHC/ CHC in managing mental disorders. Training of doctors and health staff of PHC/ CHC IEC activities and screening camps. Training of Master Trainers for LSE in schools. Training of teachers for college counseling services. Outsourcing and supervising District counseling centre and suicide prevention helpline Workplace Stress Management workshops. Maintenance of website. Referral of complicated cases to tertiary centers. Monitoring & Implementation of DMHP Record Keeping | <p>30,000 per month. Cost in 1st year Rs. 5.28 lakh considering 70% districts engaging psychiatrist and rest a trained medical officer.</p> <p>Clinical Psychologist/ Trained Psychologist – 1@ Rs. 30,000/ Rs. 18,000 per month. Cost in 1st year Rs. 2.52 lakh considering 25% districts engaging Cl. Psychologist and rest a trained psychologist.</p> <p>Psychiatric Social Worker/ Trained Social Worker – 1 @ Rs. 30,000/ Rs. 18,000 per month. Cost in 1st year Rs. 2.52 lakh considering 25% districts engaging PSW and rest a trained Social Worker</p> <p>Psychiatric Nurse/ Trained General Nurse – 1 @ Rs. 25,000/ Rs. 15,000 per month. Cost in 1st year Rs. 2.1 lakh considering 25% districts engaging psychiatric nurse and rest a trained general nurse.</p> <p>Record Keeper – 1 @ Rs. 10,000 per month. Cost in 1st year Rs. 1.2 lakh</p> <p>Community Nurse (Case Manager) – 1 @ Rs. 25,000 per month for keeping record</p> | <p>office furniture for DMHP Center in District Hospital and Counselling Center</p> <p>Budget (Non Recurring) : Rs. 2 lakh per district.</p> <p>Cost for 123 districts Rs. 2.30 crore</p> | <p>Budget (Recurring) Rs. 25 lakh for 5 year in 5 installments. Cost for two years : Rs. 9.5 lakhs/ district.</p> <p>Cost for 123 districts for 1st year : Rs. 4.6 crore</p> <p>Cost for 123 districts for 2nd year : Rs. 5.175 crore</p> <p>Total cost of drugs for 123 districts for 2 years : Rs. 9.775 crore</p> | <p>DMHP team for early identification, treatment and referral.</p> <p>Budget (Recurring): Rs. 3.25 lakhs per year per district.</p> <p>Cost for 123 districts for 1st year : Rs. 3.7375 crore</p> <p>Cost for 123 districts for 1st year : Rs. 3.7375 crore</p> <p>Total cost of training for 123 districts for 2 years : Rs. 7.4750 crore</p> | <p>Budget (Recurring) : Rs. 1 lakh per district per year.</p> <p>Total for 123 districts for 1st year : Rs. 1.15 crore</p> <p>Total for 123 districts for 2nd year : Rs. 1.15 crore</p> <p>Total for 2 years = Rs. 2.3 crore</p> <p><u>IEC Activities in DMHP:</u></p> <p>Budget (Recurring) : Rs. 6 lakh per year per district.</p> <p>Total for 123 districts for 1st year : Rs. 6.90 crore</p> <p>Total for 123 districts for 2nd year : Rs. 6.90 crore</p> <p>Total for 2 years = Rs. 13.80 crore</p> <p><u>Targeted Interventions:</u> (includes LSE in schools, College counseling services, suicide prevention, workplace stress management)</p> <p>Budget (Recurring) : Rs. 12 lakh per year per district.</p> <p>Total for 123 districts for</p> |

| S.No. | Health Facility/ Geographical area/ Catering Population | Proposed Activities | Identified Staff/ Staff to be placed (Manpower Support) | Equipment | Medicines | Training | Miscellaneous/ Travel/ Contingency/ Targeted Interventions/ Local IEC/ Remarks |
|-------|---|---|---|-----------|-----------|----------|---|
| | | 16. Liaisoning with stakeholders and relevant departments and programmes for inclusion of mental health in health and social development. | <p>of all severe mentally ill. Cost in 1st year Rs. 3 lakh</p> <p>Case Registry Assistant – 1 @ Rs. 8,000 per month for assisting the Case Manager. Cost in 1st year Rs. 0.96 lakh</p> <p>Cost for 1st year (Recurring) : Rs. 13.62 lakh per district.</p> <p>Cost for 2nd year (Recurring) Rs. 18.46 lakh per district including an annual increment of 5%.</p> <p>Cost for 123 districts in 1st year : Rs. 15.663 crore</p> <p>Cost for 123 districts in 2nd year : Rs. 21.2279 crore</p> <p>Total Budget for 2 years for 123 districts (Recurring) Rs. 36.8909 crore</p> | | | | <p>1st year : Rs. 13.80 crore</p> <p>Total for 123 districts for 2nd year : Rs. 13.80 crore</p> <p>Total for 2 years = Rs. 27.60 crore</p> <p><u>Miscellaneous/ Travel/ Contingency:</u></p> <p>Budget (Recurring) : Rs. 4.5 lakh per year per district.</p> <p>Total for 123 districts for 1st year : Rs. 5.175 crore</p> <p>Total for 123 districts for 2nd year : Rs. 5.175 crore</p> <p>Total for 2 years = Rs. 10.35 crore</p> <p>Total for Miscellaneous for two years (recurring): Rs. 54.05 crore.</p> |

District Mental Health Programme (DMHP) District Support

| | |
|---|---|
| Manpower Cost : Rs. 36.8909 crore Equipment : Rs. 2.3 crore Medicines : Rs. 9.775 crore Training : Rs. 7.475 crore Miscellaneous : Rs. 54.05 crore | Total Rs. 110.49 crore for two years (Non Recurring Rs. 2.3 crore, Recurring Rs. 108.19 crore) |
|---|---|

SUPPORT FOR CENTRAL & STATE MENTAL HEALTH AUTHORITIES (CMHA/ SMHA)

| S.No. | Components | Proposed Activities | Establishment support for CMHA/ SMHA (Miscellaneous) (Recurring) | Infrastructure Support (Equipment) (Non - recurring) |
|-------|--|--|--|--|
| 5 | CMHA at Centre | <ul style="list-style-type: none"> Be in charge of regulation, development, direction and co-ordination with respect to Mental Health Services under the Central Government and all other matters which, under the Mental Health Act, 1987, are the concern of the Central Government or any officer or authority subordinate to the Central Government. Supervise the psychiatric hospitals and psychiatric nursing homes and other Mental Health Service Agencies (including places in which mentally ill persons may be kept or detained) under the control of the Government. Advise the Central Government on all matters relating to mental health. Advocate for integration of mental health in general health care and in all social development sector. | <p>Office/ Admn./ Professional expenses @ Rs. 50,000 p.m. (Rs. 6 lakh per year)</p> <p>Towards Travel @ Rs. 50,000 per year</p> <p>Miscellaneous/ Contingency @ Rs. 50,000 per year</p> <p>Cost for Establishment support for CMHA in 1st year : Rs. 7 lakh</p> <p>Cost for Establishment support for CMHA in 2nd year : Rs. 7 lakh</p> <p>Total Budget for two years for CMHS (Recurring) = Rs. 14 lakhs.</p> | <p>Grant for computer, photocopier, telephone, fax, office furniture @ Rs. 2 lakh.</p> <p>Cost for CMHA(Non Recurring) in two years Rs. 2 lakh.</p> |
| 6 | SMHA in each State/ UT (35 States/ Uts) | <ul style="list-style-type: none"> Be in charge of regulation, development, direction and co-ordination with respect to Mental Health Services under the State Government and all other matters which, under the Mental Health Act, 1987, are the concern of the State Government or any officer or authority subordinate to the State Government. Supervise the psychiatric hospitals and psychiatric nursing homes and other Mental Health Service Agencies (including places in which mentally ill persons may be kept or detained) under the control of the State Government. Advise the State Government on all matters relating to mental health. Advocate for integration of mental health in general health care and in all social development sector. Development of a state mental health strategy/ programme | <p>Office/ Admn./ Professional expenses @ Rs. 50,000 p.m. (Rs. 6 lakh per year)</p> <p>Towards Travel @ Rs. 50,000 per year</p> <p>Miscellaneous/ Contingency @ Rs. 50,000 per year</p> <p>Cost for Establishment support for 35 States/ UTs in 1st year (recurring): Rs. 2.43 crore</p> <p>Cost for Establishment support for 35 States/ UTs in 2nd year (recurring): Rs. 2.43 crore</p> <p>Total cost for Establishment support for 35 States/ UTs in 2 years (recurring): Rs. 4.86 crore</p> | <p>Grant for computer, photocopier, telephone, fax, office furniture @ Rs. 2 lakh.</p> <p>Cost for 35 States/ Uts (Non Recurring) in two years Rs. 70 lakh.</p> |

Support for CMHA/ SMHA

Office/ Administrative/ Professional Support: Rs. 5 crore (recurring)

Infrastructure (Equipment) : Rs. 72 lakh (Non Recurring)

Total : Rs. 5.72 crore for two years (Recurring: Rs. 5 Crore, Non Recurring : Rs. 72 lakh)

Other Components : Rs. 33.79 crore

1. IEC (Central) : Rs. 20 crore (Rs. 10 crore in 1st year and Rs. 10 crore in 2nd year)
2. Operational Research & Training (Central) : Rs. 13.79 crore (Rs. 7 crore in 1st year and Rs. 6.79 crore in 2nd year)

Grant Total of all components of NMHP

Total Rs. 150 crore (Recurring Rs. 113.19 crore, Non Rec. : Rs. 36.81 crore)

- Manpower Support : Rs. 36.8909 crore (Recurring)
- Equipment : Rs. 2.3 crore + Rs. 72 lakh = Rs. 3.02 crore (Non Recurring)
- Medicines : Rs. 9.775 crore (Recurring)
- Training : Rs. 7.475 crore (Recurring)
- Miscellaneous : Rs. 54.05 crore + Rs. 5 crore = Rs. 59.05 crore (Recurring)
- Other Components : Total Rs. 33.79 crore (Non Recurring)

List of Medicines

| SL. NO. | Name of the drug that should be available in PHC/ PHU/ CHC/ Sub-divisional /District Hospital |
|---------|---|
| 1 | Tab. Chlorpromazine 100mgs |
| 2. | Tab. Risperidone 2mgs |
| 3 | Inj. Promethazine 50 mg |
| 4 | Tab Imipramine 75mgs |
| 5. | Inj. Fluphenazine 25 mgs |
| 6 | Tab.Trihexyphenidyl 2mgs |
| 7 | Tab. Diazepam 5mgs |
| 8 | Tab Phenobarbitone 30 mgs and 60mgs |
| 9 | Tab. Diphenylhydantoin 100mgs |

| SL. NO. | Name of the drug that should be available in District Hospital if a Psychiatrist is available. |
|---------|--|
| 1 | Tab. Chlorpromazine 100mgs |
| 2. | Tab. Risperidone 2mgs |
| 3 | Inj. Promethazine 50 mg |
| 4. | Tab. Imipramine 75mgs |
| 5. | Inj. Fluphenazine |
| 6. | Tab.Trihexyphenidyl 2mgs |
| 7. | Tab. Lorazepam 2mgs |
| 8. | Tab. Phenobarbitone 30 mgs and 60mgs |
| 9. | Tab. Diphenylhydantoin 100mgs |
| 10. | Tab. Lithium Carbonate 300mgs |
| 11 | Tab. Carbamazepine 200mgs |
| 12 | Inj. Haloperidol 10mgs |
| 13. | Cap. Fluoxetine 20mgs |
| 14. | Tab Olanzapine 5 mgs |

This is an indicative list. Other drugs for mentally ill could also be procured at the discretion of State Health Society if deemed essential. The drug purchase is to be done through the drug logistic society rate contract to get economical and competitive rates. It is expected that basic psychotropic drugs would be included in the essential drug list of states once trained manpower to prescribe it is available in the districts.
