

**GOVERNMENT OF TRIPURA
HEALTH & FAMILY WELFARE DEPARTMENT
AGARTALA : TRIPURA**

No.F.3 (5-301)-FWPM/HFWS/2006/S-III/Vol.III

Dated 14th September, 2017

MEMORANDUM

Subject: Annual calendar of activities at Health Sub-Centre level under Health and Family Welfare Department.

With reference to the subject cited above the activities are divided into **Campaign mode activities & Routine activities**. For implementation of these activities necessary support is required to be extended by other Departments viz. Social Welfare & Social Education, School Education, Panchayat, Tribal Welfare, Urban Development, Labour Department & PWD (DWS) Department.

A) Campaign mode activities:

1. Immunization:

- Pulse Polio: Twice in a year (**January/Feb – April / May**) with support of SW&SE & Education Department.
- Mission Indradhanush (MI): 4 Rounds (one round on 7th day of month) as per notification of GOI.

2. Intensified Diarrhoea Control Fortnight (IDCF): Once in year (May/June/July**) – Two weeks programme.**

- Distribution of ORS to every under 5 Children by ASHA (ASHA incentivised).
- Treatment of diarrheal child with ORS and Zinc tablet.
- ORS – Zinc corner at each SC.

3. World Population Day: 11th July of each year.

- IEC campaign through ASHA & AWW.
- Contraceptive distribution.

4. National De-worming Day (NDD): Twice in a year - 10th February & 10th August.

- Albendazole Tablet distribution to 1 to 19 year age group.
- Health, SW&SE and School Education Department jointly organise the programme in AWC & Schools.
- Demonstration of hand washing at schools and hygiene practices.
- Replenishment of IFA Syrup / Tab. at AWC and Schools.

5. Exclusive Breast Feeding Week: 1st to 7th August of every year.

- Promotion of early initiation & exclusive Breast Feeding by Mother up to 6 months.

6. DDT Spray: Each round consist of 75 days (6 members per team)

- 1st round March to June
- 2nd round July to August
- Supervised by MPW and PRI.

B) Routine activities:

1. OPD Services (Allopathic):

2. Mother and Child Health:

- Household survey and record in RCH register.
- Intra-Uterine Device (IUCD) insertion / removal, reporting of complications including motivation on sterilization (male / female).
- Condom, Oral Pill, Emergency Contraceptive Pill distribution.
- Antenatal check-up: Weight, Haemoglobin, Blood pressure, Blood Sugar, Urine tests, Inj. TT, IFA and Calcium supplementation.
- Tracking of High Risk pregnancy including severe anaemia and referral to higher centre.
- Child Growth Monitoring through MCP Card with the help of AWC.
- Accompanying mother (BPL / ST / SC category) to PHC / CHC / SDH level for Delivery.(JSY)
- Attending Home Delivery by Skilled Birth Attendant.
- Home Based New Born Care Visits :
 - i. 7 visits for home Delivery
 - ii. 6 Visits for Institutional Delivery
- Community based Mother & Child Death reporting & auditing.
- Follow-up of Special New Born care Unit (SNCU) discharged babies.
- Follow-up of Nutritional Rehabilitation Centre (NRC) discharged child.
- Iron Folic Acid (IFA) Syrup & Albendazole tablet distribution.

3. Immunization:

- Micro Planning of Immunization Session.
- Routine Immunization.
- Adverse Events Following Immunization (AEFI) Reporting.

4. Adolescent Health Day:

- Monthly Adolescent Health Day organization in Dhalai District (RKSK District).

5. Village Health & Nutrition Day: 4 VHND/month in convergence mode with AWC & PRI representatives.

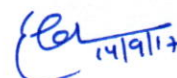
- **Service Providers:** MPS, ANM, MPW, Anganwadi Worker, MO, Dental Surgeon, Adolescent Counsellor, PRI Representative Etc.
- ANC Services including IFA / Calcium distribution.
- PNC Services including reporting on complications.
- Family planning services including Condom, Oral & Emergency Pill distribution.
- Adolescent and mother counselling through ARSH Counsellor.
- IEC/BCC: Discussion on health topics including Leaflet / Booklet distribution on Health & Hygiene.
- Treatment of minor ailments.
- Record updating on Mother Child Protection (MCP) Card/ RCH register.
- Supplementary Nutrition.
- Grievance Redressal

6. Fever & Malaria:

- Blood Slide Collection by ASHA / service provider: Preparation of Blood Slide or testing through RDT kit.
- Providing complete treatment to Positive Pf and PV case detected by blood slide / RDT kit, as per drug regime.
- Referral of patients when needed.

7. Revised National Tuberculosis Control Programme (RNTCP):

- Sputum Collection & transportation for diagnosis of TB by ASHAs.
- ASHAs as DOTS provider.


14/9/17

8. National Iodine Deficiency Disorder Control Programme (NIDDCP):

- Salt Test by Iodine Testing Kits by ASHA/ANM.

9. National Leprosy Eradication Programme (NLEP):

- Referral and ensuring compliance for complete treatment of Leprosy cases.

10. Disease Surveillance & Reporting:

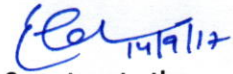
- Reporting through S Form of Integrated Disease Surveillance Project (IDSP).
- Reporting on M1 form for Malaria.

11. Non Communicable Disease:

- Population based screening of Hypertension, Diabetes and 03 Common Cancer (Oral, Breast & Cervix Cancer) by home visits on every Monday & Wednesday in 02 districts namely Unakoti & South Tripura.

12. Rastriya Kishore Swasthya Karyakram (RKSK):

- Sale of Sanitary Napkins by ASHA to women under Menstrual Hygiene Scheme.



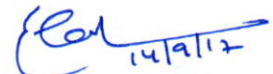
**Joint Secretary to the
Government of Tripura**

To

1. The Director of Health Services, Govt. of Tripura, Agartala.
2. The Director of Family Welfare & P.M., Govt. of Tripura, Agartala.
3. The Mission Director, NHM, Govt. of Tripura, Agartala.
4. The Director, SW&SE Department, Govt. of Tripura, Agartala.
5. The Director, Elementary Education, Govt. of Tripura, Agartala.
6. The Director, Secondary Education, Govt. of Tripura, Agartala.
7. The Director, Panchayat, Govt. of Tripura, Agartala.
8. The Director, Tribal Welfare, Govt. of Tripura, Agartala.
9. The Director, Urban Development, Govt. of Tripura, Agartala.
10. The Labour Commissioner, Govt. of Tripura, Agartala.
11. The Chief Engineer, PWD (DWS), Govt. of Tripura, Agartala.

Copy to:-

1. PS to the Principal Secretary, School Education, Govt. of Tripura, Agartala for kind information of Principal Secretary.
2. PS to the Principal Secretary, Urban Development, Govt. of Tripura, Agartala for kind information of Principal Secretary.
3. PS to the Principal Secretary, PWD (DWS), Govt. of Tripura, Agartala for kind information of Principal Secretary.
4. PS to the Secretary, Health & Family Welfare, Govt. of Tripura, Agartala for kind information of Secretary.
5. PS to the Special Secretary, SW&SE, Govt. of Tripura, Agartala for kind information of Special Secretary
6. PS to the Secretary, Tribal Welfare, Govt. of Tripura, Agartala for kind information of Secretary.



**Joint Secretary to the
Government of Tripura**