

No. F. 3(5-933)-FWPM/SHFWS/2009/Sub-II

Office of the Mission Director  
State Health & Family Welfare Society  
National Health Mission: Tripura

19<sup>th</sup> February 2014

**MEMORANDUM**

As per approval of Ministry of Health & Family Welfare (MoHFW), Government of India (GoI), henceforth the Injection Antenatal Corticosteroids and Vitamin-K Injection to be used in all the 64 nos. Delivery Points (DPs) in the State in 1<sup>st</sup> phase to reduce morbidity and mortality of neonates.

**Key roles of Antenatal Corticosteroids (ACS):**

Administration of Antenatal Corticosteroid (Dexamethsone) constitutes standard treatment in preterm labour that considerably reduces the risk of Respiratory Distress Syndrome in the baby by stimulating lung maturity. It also averts morbidities due to prematurity in other body systems. These beneficial effects lead to an impressive reduction in morbidity and mortality in preterm newborns.

**Recommendations for Vitamin-K Injection:**

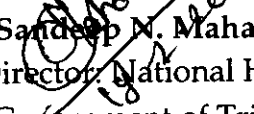
Vitamin-K Deficiency Bleeding Disorder (VKDBD) is a significant threat to neonates. However, it can be prevented almost entirely by Vitamin K administration soon after birth. A single dose of intramuscular Vitamin K is effective in the prevention of classic VKDB and in ameliorating the late VKDB. Thus, Vitamin K prophylaxis would prevent morbidity and mortality due to bleeding in neonates.

The Chief Medical Officers (CMOs) & District Programme Managers (DPMs) are hereby instructed to convey these guidelines to all Sub Divisional Medical Officers (SDMOs) & Medical Officer In-charges of all identified Delivery Points (DPs) in the respective districts.

The fund under Janani Shishu Suraksha Karyakram (JSSK) can be utilized for procurement of the said drugs.

Necessary instruction and guidelines for administering the practice of injecting the Antenatal Corticosteroids and Vitamin-K, the operational guidelines of MOHFW, GOI, New Delhi, are enclosed herewith for your information and ready reference.

Encl: As stated,

  
(Dr. Sandeep N. Mahatme, IAS)  
Mission Director, National Health Mission  
Government of Tripura

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To:

1. The Director, Health Services, Govt. of Tripura, for information please.
2. The Director, Medical Education, Govt. of Tripura, for information please.
3. The Director of Family Welfare & PM, Govt. of Tripura, for information please.
- 4-5. The Medical Superintendent, GBP/IGM Hospital, Govt. of Tripura, for information and needful please.
6. The Member Secretary, SH&FWS, Tripura, for information and needful please.
- 7-14. The CMO, West/Sipahijala/Khowai/Gomati/South/Dhalai/Unakoti/North District, Tripura, for information and necessary action.
- 15-16. The SPO, RCH/Immunization, Tripura, for information and necessary action.
- 17-27. The Sub Divisional Medical Officers, Bishalgarh SDH/Melaghar SDH/Khowai SDH/Sabroom SDH/ Belonia SDH/Amarpur SDH/Dharmanagar SDH/Kanchanpur SDH/ Kamalpur SDH/ Gandachera SDH/Longtarai Valley SDH, Tripura, for information and necessary action.
- 28-35. The District Programme Managers (DPMs), West/Sipahijala/Khowai/Gomati/South/Dhalai/ Unakoti/North District, Tripura, for information and necessary action.

Copy also forwarded to:

1. PS to the Hon'ble Minister (Health & FW), for kind information please.
2. The Secretary, Health & FW, Government of Tripura, for kind information please.

  
Mission Director  
National Health Mission  
Government of Tripura