MEMORANDUM

In order to ensure effective implementation and monitoring of Iron and Folic Acid (IFA) supplementation programme for different age group beneficiaries under National Iron Plus Initiative (NIPI), the recommended type of IFA with dosage for the target beneficiaries as per latest norms are illustrated below:

<table>
<thead>
<tr>
<th>Sl.</th>
<th>Type of IFA</th>
<th>Name of Programme</th>
<th>Mode of Supply</th>
<th>Place of Distribution</th>
<th>Target Beneficiaries</th>
<th>Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>i)</td>
<td>IFA Tablets (Large) Red</td>
<td>Maternal Health</td>
<td>Health: Through CMOs to SDMOs and MO I/Cs, CHCs &amp; PHCs</td>
<td>SC/PHC/CHC/SDH/DH/SH</td>
<td>Ante-natal Mothers</td>
<td>Prophylactic dose: One tablet for 180 days</td>
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<td>SW&amp;SE: Through CMOs to District Inspectors of Social Education</td>
<td>AWCs/Health Facilities</td>
<td>Mothers (Lactating)</td>
<td>Therapeutic dose: Double of the Prophylactic dose</td>
</tr>
<tr>
<td></td>
<td>IFA Tablets (Large) Blue</td>
<td>Weekly Iron Folic Acid Supplementation (WIFS) (10-19 Years)</td>
<td>School Education: Through CMOs to District Education Officers</td>
<td>Senior Basic Schools, High Schools &amp; Higher Secondary Schools</td>
<td>School going Adolescent Boys &amp; Girls students of Class VI-XII</td>
<td>One tablet Weekly for 52 weeks</td>
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<td></td>
<td></td>
<td>SW&amp;SE: Through CMOs to District Inspectors of Social Education</td>
<td>AWCs</td>
<td>Out of school Adolescent Girls</td>
<td>One tablet Weekly for 52 weeks</td>
</tr>
<tr>
<td></td>
<td>IFA Tablets (Small) Blue</td>
<td>WIFS-Junior (5-10 Years)</td>
<td>School Education: Through CMOs to District Education Officers</td>
<td>Junior Basic Schools</td>
<td>All students of Class I-V</td>
<td>One tablet Weekly for 52 weeks</td>
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<td></td>
<td>SW&amp;SE: Through CMOs to District Inspector of Social Education</td>
<td>AWCs</td>
<td>Children of 6-60 months</td>
<td>Bi-weekly for 12 months</td>
</tr>
<tr>
<td></td>
<td>IFA Syrup</td>
<td>Child Health</td>
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<td></td>
<td>Reproductive Health</td>
<td>SW&amp;SE: Through CMOs to District Inspector of Social Education</td>
<td>AWCs</td>
<td>Women in reproductive age (WRA) group (15-49 years)</td>
<td>2 Tablets per week as desired by the Hon'ble Chief Minister</td>
</tr>
</tbody>
</table>

Departments of School Education and Social Welfare & Social Education are requested to pass instructions for ensuring timely reporting of utilization of IFA to respective Chief Medical Officers (CMOs) for effective supply chain management by the Health Department.

[M. Nagaraaju]
Secretary, H&FW

Next page-2
To
The DM & Collectors,
(West Tripura/Khowai/ Sepahijala/ Gomati/
South Tripura/ Unakoti/ North Tripura/Dhalai)

The Chief Medical Officers
(West Tripura/Khowai/ Sepahijala/ Gomati/
South Tripura/ Unakoti/ North Tripura/Dhalai)

Copy to:-
1. The Director of School Education, Government of Tripura.
2. The Director of Social Welfare & Social Education, Government of Tripura.
3. The Director of Health Services, Government of Tripura.
4. The Director of Family Welfare & P.M., Government of Tripura.
5. The Mission Director, NHM, Government of Tripura.
6. All Sub-divisional Magistrates, ...........................................
7. The State Programme Officer (FW & RCH), Government of Tripura.
8. The Nodal Officer (NIPI), Tripura for information and necessary action.
9. The Nodal Officer (Adolescent Health), Tripura for information and necessary action.
10. The Branch Officer (Procurement), Tripura for information and necessary action.

Copy forwarded to:-
1. The Principal Secretary to the Hon'ble Chief Minister, Government of Tripura.
2. The Principal Secretary, School Education Department, Govt. of Tripura.
3. The Secretary, Social Welfare & Social Education Department, Govt. of Tripura.
4. PS to the Hon'ble Minister, SW&SE.
5. PS to the Hon'ble Minister, Health.

[Signature]
[M. Nagaraju]
Secretary, H&FW