

**GOVERNMENT OF TRIPURA  
HEALTH & FAMILY WELFARE DEPARTMENT**

No.F.3 (5-772)-FWPM/SHFWS/2008/Sub-II

27<sup>th</sup> January 2015

**MEMORANDUM**

In order to ensure effective implementation and monitoring of Iron and Folic Acid (IFA) supplementation programme for different age group beneficiaries under **National Iron Plus Initiative (NIPI)**, the recommended type of IFA with dosage for the target beneficiaries as per latest norms are illustrated below:-

Sl.	Type of IFA	Name of Programme	Mode of Supply	Place of Distribution	Target Beneficiaries	Dose
i)	IFA Tablets (Large) Red	Maternal Health	<b>Health:</b> Through CMOs to SDMOs and MO I/Cs, CHCs & PHCs	SC/PHC/CHC/SDH/DH/SH	Ante-natal Mothers	<b>Prophylactic dose:</b> One tablet for 180 days <b>Therapeutic dose:</b> Double of the Prophylactic dose
			<b>SW&amp;SE:</b> Through CMOs to DISEs	AWCs/Health Facilities	Mothers (Lactating)	
ii)	IFA Tablets (Large) Blue	Weekly Iron Folic Acid Supplementation (WIFS) (10-19 Years)	<b>School Education:</b> Through CMOs to District Education Officers	Senior Basic Schools, High Schools & Higher Secondary Schools	School going Adolescent Boys & Girls students of Class VI-XII	One tablet Weekly for 52 weeks
			<b>SW&amp;SE:</b> Through CMO to District Inspectors of Social Education	AWCs	Out of school Adolescent Girls	One tablet Weekly for 52 weeks
iii)	IFA Tablets (Small) Blue	WIFS-Junior (5-10 Years)	<b>School Education:</b> Through CMOs to District Education Officers	Junior Basic Schools	All students of Class I-V	One tablet Weekly for 52 weeks
iv)	IFA Syrup	Child Health	<b>SW&amp;SE:</b> Through CMOs to District Inspector of Social Education	AWCs	Children of 6-60 months	Bi-weekly for 12 months
v)	IFA Tablets (Large) Red	Reproductive Health	<b>SW&amp;SE:</b> Through CMOs to District Inspector of Social Education	AWCs	Women in reproductive age (WRA) group (15-49 years)	2 Tablets per week as desired by the Hon'ble Chief Minister

Departments of School Education and Social Welfare & Social Education are requested to pass instructions for ensuring timely reporting of utilization of IFA to respective Chief Medical Officers (CMOs) for effective supply chain management by the Health Department.

*M. Nagaraju*  
[M. Nagaraju]  
Secretary, H&FW

**To**

**The DM & Collectors,**

(West Tripura/Khowai/ Sepahijala/ Gomati/  
South Tripura/ Unakoti/ North Tripura/Dhalai)

**The Chief Medical Officers**

(West Tripura/Khowai/ Sepahijala/ Gomati/  
South Tripura/ Unakoti/ North Tripura/Dhalai)

**Copy to:-**

1. The Director of School Education, Government of Tripura.
2. The Director of Social Welfare & Social Education, Government of Tripura.
3. The Director of Health Services, Government of Tripura.
4. The Director of Family Welfare & P.M., Government of Tripura.
5. The Mission Director, NHM, Government of Tripura.
6. All Sub-divisional Magistrates, .....
7. The State Programme Officer (FW & RCH), Government of Tripura.
8. The Nodal Officer (NIPI), Tripura for information and necessary action.
9. The Nodal Officer (Adolescent Health), Tripura for information and necessary action.
10. The Branch Officer (Procurement), Tripura for information and necessary action.

**Copy forwarded to:-**

1. The Principal Secretary to the Hon'ble Chief Minister, Government of Tripura.
2. The Principal Secretary, School Education Department, Govt. of Tripura.
3. The Secretary, Social Welfare & Social Education Department, Govt. of Tripura.
4. PS to the Hon'ble Minister, SW&SE.
5. PS to the Hon'ble Minister, Health.
6. Sabhadhipaties, West Tripura Zilla Parishad/Khowai Zilla Parishad /  
Sepahijala Zilla Parishad / Gomati Zilla Parishad /South Tripura Zilla Parishad  
/ Unakoti Zilla Parishad / North Tripura Zilla Parishad /Dhalai Zilla Parishad)

  
[M. Nagaraju]  
Secretary, H&FW